



July 2019



FEED your SOUL
& FEEL joy!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BE happy	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			ENJOY the little things

Notes: