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"LET THIS COMING YEAR BE BETTER THAN ALL THE OTHERS. VOW TO DO SOME OF THE THINGS YOU HAVE ALWAYS WANTED TO DO BUT COULD NOT FIND THE TIME. CALL UP A FORGOTTEN FRIEND. DROP AN OLD GRUDGE, AND REPLACE IT WITH SOME PLEASANT MEMORIES. VOW NOT TO MAKE A PROMISE YOU DO NOT THINK YOU CAN KEEP. WALK TALL, AND SMILE MORE. YOU WILL LOOK 10 YEARS YOUNGER. DO NOT BE AFRAID TO SAY, I LOVE YOU. SAY IT AGAIN. THEY ARE THE SWEETEST WORDS IN THE WORLD."

~ANN LANDERS