

May I say to all of you, and particularly to you young people, that as the world moves further and further away from the principles and guidelines given to us by a loving Heavenly Father, *we will stand out from the crowd because we are different.* We

will stand out because we dress modestly. We will be different because we do not use profanity and because we do not partake of substances which are harmful to our bodies.

We will be different because we avoid off-color humor and degrading remarks. We will be different as we decide not to fill our minds with media choices that are base and demeaning and that will remove the Spirit from our homes and our lives. We will certainly stand out as we make choices regarding morality—choices which adhere to gospel principles and standards. Those things which make us different from most of the world also provide us with that *light* and that spirit which will shine in an increasingly dark world.

-President Thomas S Monson

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